

MARCH PCS Elementary School Lunch Menu

NSBW
March 2-6



SCHOOL BREAKFAST OUT OF THIS WORLD!

DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.:

Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1: Fruit or Juice.

May choose 1: Milk Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée.

Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with their lunch meal)

May Choose: 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold

Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices


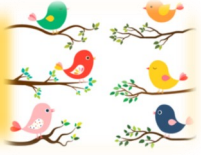


Pinellas County Schools
FOOD AND NUTRITION



ENERGY FOR EDUCATION

Visit nutrislice.com for Menu & Nutrition Information, & to download the app on your mobile device!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Pancake Pup</p> <p>Choose One: ABCD Chicken Nuggets w/ Roll Max Cheese Sticks Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p>Choose: Country Baked Beans Marinara Cup * Veggie Dippers</p>	<p>3 Bacon, Egg & Cheese Pizza</p> <p><i>National</i></p> <p>Choose One: Breakfast for Lunch Pizzaboli Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Deli Roasted Potatoes Marinara Cup * Romaine Side Salad</p>	<p>4 Biscuit & Sausage Gravy</p> <p><i>School Breakfast</i></p> <p>Choose One: Pasta & Meat Sauce or Meatballs, OR Beef Ravioli & Roll Chicken Nuggets w/ Dip Cup Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Crispy Fries Sliced Cucumbers</p>	<p>5 Egg, Ham & Cheese Sandwich</p> <p><i>Week</i></p> <p>Choose One: Featured Item: Bacon Cheeseburger Grilled Cheese Apple A Day Salad Chicken Caesar Wrap</p> <p>Choose: Tomato Soup Mixed Side Salad</p>	<p>6 French Toast & Chicken Bites</p> <p>Choose One: Pizza Variety Ocean Treasure Fish Nuggets w/ Roll Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p>Choose: Spinach or Collard Greens Fresh Veggie Dippers</p>
<p>9 Egg & Cheese Croissant</p> <p>Choose One: Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p>Choose: Country Baked Beans Fresh Veggie Dippers</p>	<p>10 Scones (3 flavors!)</p> <p>Choose One: Cheese Sticks & Toasted Ravioli Boat Corn Dog OR Hot Dog Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Steamed Broccoli Florets Marinara Cup Romaine Side Salad</p>	<p>11 Mini Eggo Confetti Pancakes</p> <p>Choose One: Popcorn Chicken w/ Mashed Potatoes & Gravy Rotini w/ Meatsauce Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Corn Niblets Sliced Cucumbers</p>	<p>12 Sausage Biscuit or Sausage & Grits</p> <p>Choose One: Featured Item: Chicken & Waffle Cheese Quesadillas Apple-a-Day Salad Chicken Caesar Wrap</p> <p>Choose: Battered Sweet Potato Fries Salsa Cup * Mixed Side Salad</p>	<p>13 Breakfast Skillet w/ Toast</p> <p>Choose One: Pizza Variety Fish Sticks o' the Sea w/ a Roll OR Soft Shell Fish Tacos Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p>Choose: Green Beans Fresh Veggie Dippers</p>
<p>16  ~ ~ ~ SPRING BREAK ~ ~ ~ </p>				
<p>23</p> <p style="text-align: center;">No School For Students</p>	<p>24 Scrambled Egg, Bacon & Biscuit</p> <p>Choose One: Beef or Pork Tacos Cheesy Bread Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Marinara Cup Refried Fiesta Beans Romaine Side Salad</p>	<p>25 Mini Maple Pancakes</p> <p>Choose One: Mandarin Orange Chicken Bowl Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant</p> <p>Choose: Steamed Broccoli Florets Sliced Cucumbers</p>	<p>26 Chicken Waffle Sandwich</p> <p>Student Choice Menu Students choose the hot entrees & vegetable options!</p> <p>Entrée Salad: Apple-a-Day Salad Sandwich: Chicken Caesar Wrap Side Salad: Mixed</p>	<p>27 Cheese Omelet w/ Toast</p> <p>Choose One: Pizza Variety Teriyaki Beef Dippers w/ Rice & Roll Chef Salad Turkey & Cheese Hoagie/Sandwich</p> <p>Choose: Mixed Vegetables Fresh Veggie Dippers</p>
<p>30 Pancake Pup</p> <p>Choose One: Chicken Tender Basket w/ Crispy Fries & Roll Max Cheese Sticks Fruit & Yogurt Plate Deli Meat & Cheese Sandwich</p> <p>Choose: Country Baked Beans Marinara Cup * Veggie Dippers</p>	<p>31 Bacon, Egg & Cheese Pizza</p> <p>Choose One: Breakfast for Lunch Pizzaboli Chicken Caesar Salad Jamwich Kit</p> <p>Choose: Deli Roasted Potatoes Marinara Cup * Romaine Side Salad</p>	<p></p>	<p>While white is the most common color for Fresh from Florida Cauliflower, you'll also find this vitamin rich powerhouse in shades of purple, orange, & green!</p>	<p>Dr. Seuss' Birthday & Read Across America! March 2nd</p> <p>Participating schools will be serving Green Eggs & Ham</p> <p></p>

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